

Word Count
Full Name
Hour #
Module Name
Day 5 CrWr
Date

http(s) copied and pasted from the Internet site you found for paragraph FOUR below

- 1 **Remember to SAVE TO YOUR FILE LOCKER!**
- 2 Right-align and single-space the **seven-line heading** - - like the one above
- 3 Double space the **five paragraphs** of your paper. Hint: Go to the menu bar to Format > Paragraph >Line Space>Double Space.
- 4 Edit your rough draft on the computer. Do a spell check too. Print out your rough draft.
- 5 Have another person edit your rough draft and write "Edited by _____" on the first page of the rough draft.
- 6 Make corrections on the computer according to the edited draft (those items with which you agree).
- 7 Go to Tools in the Menu Bar >Word Count. **Type** the word count on the final copy as shown in the heading above.
- 8 Print out and proofread your final copy. Staple final copy on top of rough draft.
- 9 Show paper to instructor and then place your assignment in your folder in the 2nd drawer of the tan file cabinet.

(500 words A; 400 words B; 300 words C)

Scenario: You have recently joined a medical practice that specializes in general medicine. Each patient is to be diagnosed and treated in your office. As a doctor, you realize how important it is for patients to establish healthy habits to prevent illness. You want to share this information with your patients. However, you are so busy seeing patients, that you do not have enough time to explain this information. You decide to design a brochure that explains the essential elements of health and fitness. You can then distribute this brochure to the patients who visit your office.

Before creating this brochure, you must decide what topics you would like to cover. The information must be brief and to the point. Write 4-5 sentences on each of the topics listed below. You must explain the importance of each topic as it relates to health and fitness. You should also list important health information regarding each topic. For example, you may wish to include what types of food should be avoided, how often you should exercise, etc.

REMEMBER THAT YOU ARE NOT CREATING THE BROCHURE. YOU ARE JUST CREATING THE INFORMATION THAT YOU WOULD USE IN THE BROCHURE.

1st Paragraph: Write an introduction by explaining the above scenario in your own words.

2nd Paragraph: Explain the importance of exercise. Include important health information that you learned in your module.

3rd Paragraph: Explain the importance of nutrition. Include important health information that you learned in your module.

4th paragraph: Go out to the Internet and research words pertaining to your critical writing; include what you have found (IN YOUR OWN WORDS).

5th Paragraph: Explain the importance of sleep. Include important health information that you learned in your module.